

GALLO PINTO - COSTA RICA

(4-6 servings)

Ingredients

- 2 cups black beans (cooked)
- 2 cups White Rice (basmati or jasmine – cooked)
- 2 tablespoons oil or butter
- 1 medium-sized onion, finely chopped
- 1 medium-sized red bell pepper, finely chopped
- 1 cup cilantro, finely chopped
- 1 tablespoon Salsa Lizano (available on Amazon)
- Salt to taste

Preparation

1. In a frying pan add the oil or butter and fry the onions and red pepper.
2. Add rice and mix.
3. Add the black beans and mix.
4. Add Salza Lizano.
5. Add cilantro just prior to serving. Mix well.
6. Seve with your favorite side dishes (eggs, fried plantain, sour cream, avocado, corn tortillas).