

DINOSAUR TRAIN

PBS KIDS
M-F 10:30am

WPSU TV
M-F 12pm



Dinosaur Train inspires basic scientific thinking skills as you and your child learn about life science, natural history and paleontology. Your child, along with Buddy, an adorable preschool age Tyrannosaurus Rex, his family and friends, will also explore and learn about life skills, literacy, math and the arts.

ACTIVITY: MONDAY, NOVEMBER 1 - SOCIAL and EMOTIONAL LEARNING



Buddy, Tiny, and friends find a calm space to help them when they are experiencing big feelings. Encourage your child to find their own calm space. This place can be real or imaginary. Ask your child to close their eyes and identify a place they feel happy and relaxed. See if they can show their calm space and/or share details about the sights, sounds and scents with you. As they share, cue your child to take deep breaths. Share with your child your calm space too. Then the next time your child is experiencing a big feeling, remind them of their calm space.

PA STANDARD: 16.1.PK.A – DISTINGUISH BETWEEN EMOTIONS AND IDENTIFY SOCIALLY ACCEPTED WAYS TO EXPRESS THEM.
16.1.PK.C - RECOGNIZE THAT EVERYONE MAKES MISTAKES AND THAT USING POSITIVE COPING SKILLS CAN RESULT IN LEARNING FROM THE EXPERIENCE.

ACTIVITY: TUESDAY, NOVEMBER 2 - MATH THINKING



With homemade dinosaur bones, your child can have fun exploring the length of objects. On paper, draw 3 different lengths of bones (short, medium, long). Cut them out and then trace them on another piece of paper. Put the bone cut-outs in a pile and place the paper with the traced bones in front of your child. Point to one of the traced bones and ask them to find the bone in the pile that matches that bone. After matching all the bones, ask your child: "Which dinosaur bone is the shortest? Longest? Is this bone shorter or longer than this one?"

PA STANDARD: 2.4.PK.A.1 – DESCRIBE AND COMPARE MEASURABLE ATTRIBUTES OF LENGTH AND WEIGHTS OF EVERYDAY OBJECTS. 3.2.PK.A.1 – SORT AND DESCRIBE OBJECTS ACCORDING TO SIZE, SHAPE, COLOR, AND TEXTURE.

ACTIVITY: WEDNESDAY, NOVEMBER 3 - EARLY LITERACY



Explore the letter D by creating your own mini-Dinosaur Train rack. Draw a block letter D on a piece of paper and inside the letter draw horizontal lines for the tracks. Write the letter D in between the track lines, alternating between upper case D and lower case d. Talk about the letter D and the sound "D" makes. Ask: "Dinosaur starts with "D" sound. Can you help me think of other words that start with the "D" sound?" With a small toy or vehicle, let your child follow the track of D's and as they go along, encourage them to say the "D" sound and/or words that start with D.

PA STANDARD: 1.1.PK.D – DEVELOP BEGINNING PHONICS AND WORD SKILLS. 1.1.PK.C – DEMONSTRATE UNDERSTANDING OF SPOKEN WORDS, SYLLABLES, AND SOUNDS (PHONEMES).

ACTIVITY: THURSDAY, NOVEMBER 4 - SCIENCE THINKING



Talk about how paleontologists examine tracks of fossilized animal tracks to learn about their size, how they moved and where they lived. Together, pretend to be paleontologists or "animal trackers" and look for animal tracks. You can create homemade dinosaur or animal tracks by drawing on paper and placing around your home for your child to find. Or, outside look for animal tracks in the dirt, mud, sand or snow. Ask: "Were they made by a big animal or a small animal? A mammal or a bird?"

PA STANDARD: 3.1.PK.A.1 – RECOGNIZE THE DIFFERENCE BETWEEN LIVING AND NON-LIVING THINGS. 3.1. PK.A.3 – RECOGNIZE THAT PLANTS AND ANIMALS GROW AND CHANGE. 3.1.PK.A.5 – NAME THE BASIC PARTS OF LIVING THINGS.

ACTIVITY: FRIDAY, NOVEMBER 5 - THE ARTS



Using play dough or paper and crayons, create your own dinosaurs. Ask your child: "Will you make a meat-eater (carnivore) or a plant-eater (herbivore)? How big will it be? What color? Will it live in a desert, in the arctic, in a jungle or near an ocean? What kind of teeth will it have? Will it have a spikes on its back or tail?"

PA STANDARD: AL.3.PK.C - USE MATERIALS AND OBJECTS TO REPRESENT NEW CONCEPTS. 9.1.V.PK.B – COMBINE A VARIETY OF MATERIALS TO CREATE A WORK OF ART.
9.1.V.PK.E – USE IMAGINATION AND CREATIVITY TO EXPRESS SELF THROUGH VISUAL ARTS.

LET'S GO
LUNA
PBS KIDS
M-F 11am



Join Luna the moon and her friends Leo, Carmen and Andy as they visit interesting places, meet new friends, and discover new foods, art, music, and a lot more! *Let's Go Luna* inspires young learners to explore global culture and make connections between family, friends, and communities all over the world.

ACTIVITY: MONDAY, NOVEMBER 8 - SOCIAL and EMOTIONAL LEARNING

Let's try something new

What is something new that Andy, Carmen, and Leo tried when visiting a new place? With your child, share with each other something new you have tried. Talk about how you felt before (for example: nervous, scared, excited) and after trying something new (for example: surprised, disappointed, excited). Sometimes trying new things can be great and other times not so much and that's ok. Acknowledging these feelings can build your child's confidence to try new things. Can you think of anything you would like to try next? Maybe a new food, song, book, or game?

PA STANDARD: 16.1.PK.A – DISTINGUISH BETWEEN EMOTIONS AND IDENTIFY SOCIALLY ACCEPTED WAYS TO EXPRESS THEM. 16.1.PK.B – RECOGNIZE THAT EVERYONE HAS PERSONAL TRAITS WHICH GUIDE BEHAVIOR AND CHOICES.

ACTIVITY: TUESDAY, NOVEMBER 9 - MATH THINKING

Let's explore circles

What shape is Luna? What shape is the moon? Ask your child if they can think of any other things that are the shape of a circle. For older children, explain that flat circle shapes are two-dimensional while round solid shapes are tridimensional and called spheres. Try some "circle" games such as: "I spy" (go on a circle hunt in your home, classroom, or neighborhood), bounce or roll a ball to each other and before you pass, name a "circle" object, or draw or make circles out of objects. You can even play a "circle" hopscotch game (make circles instead of squares).

PA STANDARD: 2.3.PK.A.1 – IDENTIFY AND DESCRIBE SHAPES. 3.2.PK.A.1 – SORT AND DESCRIBE OBJECTS ACCORDING TO SIZE, SHAPE, COLOR, AND TEXTURE.

ACTIVITY: WEDNESDAY, NOVEMBER 10 - EARLY LITERACY

Let's go to...

Luna and her friends visit different places. Use this prompt to help your child think of somewhere (real or imaginary) they would like to visit. At the top of the paper write out: "Let's go to ____." Give your child time to think of some places and then settle on one place and write it on the line. Older children can write out phonetically. Then read the sentence together pointing to each word as you read aloud. Encourage your child to draw a picture of where they want to go and add details.

PA STANDARD: 1.1.PK.C – DEMONSTRATE UNDERSTANDING OF SPOKEN WORDS, SYLLABLES, AND SOUNDS (PHONEMES). 1.4.PK.B – WITH PROMPTING AND SUPPORT, DRAW/DICTATE ABOUT ONE SPECIFIC TOPIC.

ACTIVITY: THURSDAY, NOVEMBER 11 - SCIENCE THINKING

Let's explore the moon

Studying the moon is a great way to inspire your young scientist. Observe with your child how the shape of the moon appears to change night after night. Does the moon appear bigger or smaller than yesterday? Does the shape of the light we see on the moon change a lot or a little each day? Make a moon journal together to record your findings. Let your child color in the parts of the moon that are dark. Encourage older children to compare their findings with a moon phase chart.

PA STANDARD: 3.3.PK.B.1 – IDENTIFY OBJECTS THAT CAN BE FOUND IN THE DAY OR NIGHT SKY.
3.3.PK.B.3 – PARTICIPATE IN SIMPLE INVESTIGATIONS OF THE OBJECTS FOUND IN THE DAY OR NIGHT SKY TO ANSWER A QUESTION OR TO TEST A PREDICTION.

ACTIVITY: FRIDAY, NOVEMBER 12 - THE ARTS

Let's make music

Collect bowls, plastic containers, pots and other containers, turn them upside down, and see what kinds of different sounds they can make when struck with wooden spoons. Take turns drumming different beats while marching, tiptoeing, stomping or hopping around. See if your child can make or copy rhythmic patterns (think Simon Says) or play a freeze game by moving when the drummer plays and freeze when the drumming stops.

PA STANDARD: 9.1.M. PK. A – KNOW AND USE BASIC ELEMENTS AND PRINCIPLES OF MUSIC AND MOVEMENT. 9.1.M.PK.E – USE IMAGINATION AND CREATIVITY TO EXPRESS SELF THROUGH MUSIC AND DANCE.

CURIOUS GEORGE

PBS KIDS
M-F 11:30am
M-F 4:30pm

WPSU TV
M-F 9am



Curious George inspires your child to explore science, engineering, and math in the world around them. And what better guide is there for this kind of exploration than the world's most curious monkey? George loves to find new things to discover, touch, spill, and chew. Everything is new to George and worth investigating and these investigations often have unintended consequences.

ACTIVITY: MONDAY, NOVEMBER 15 - SOCIAL and EMOTIONAL LEARNING

Learning from mistakes

George often gets himself in a tricky situation or a bit of trouble. Ask your child: "How do you feel when you get in trouble or make a mistake?" Reassure your child that mistakes happen to everyone and share a time when you made a mistake and how you felt. Talk about how George learns from his mistakes and tries to figure out how to fix them. Can you think of a time when a mistake turned into a good thing or made something better?

PA STANDARD: 16.1.PK.A – DISTINGUISH BETWEEN EMOTIONS AND IDENTIFY SOCIALLY ACCEPTED WAYS TO EXPRESS THEM.
16.1.PK.C – RECOGNIZE THAT EVERYONE MAKES MISTAKES AND THAT USING POSITIVE COPING SKILLS CAN RESULT IN LEARNING FROM THE EXPERIENCE.

ACTIVITY: TUESDAY, NOVEMBER 16 - MATH THINKING

Color counting

Can your child guess the favorite color of Curious George and the Man with the Yellow Hat? Yellow, that's right! Ask your child to find 5 yellow things around your home or classroom and to count out loud as they find them. Next, give your child two sheets of paper and ask them to pick out two different colored crayons. Tell them to look for objects that are those colors (do one at a time), and make a large dot with a crayon each time they find an object (use one paper per color). When finished with the color hunt, look at the two sheets together. Which one has more dots? Which has fewer dots? Then, count together. Write the number of dots at the top of each paper.

PA STANDARD: 2.4.PK.A.4 – CLASSIFY OBJECTS AND COUNT THE NUMBER OF OBJECTS IN EACH CATEGORY. 3.2.PK.A.1 – SORT AND DESCRIBE OBJECTS ACCORDING TO SIZE, SHAPE, COLOR, AND TEXTURE.

ACTIVITY: WEDNESDAY, NOVEMBER 17 - EARLY LITERACY

Monkey rhymes

Have fun playing and singing rhyming games about monkeys: "Five Little Monkeys Jumping on The Bed", "Five Little Monkeys Swinging in the Tree" or make up your own silly rhyme game. Try using a banana as a prop telephone and take turns saying a word and its rhyme into the "banana phone". Then, visit your local library and read some non-fiction books about monkeys and some *Curious George* books together.

PA STANDARD: 1.1.PK.C – DEMONSTRATE UNDERSTANDING OF SPOKEN WORDS, SYLLABLES, AND SOUNDS (PHONEMES). 1.3.PK.B – ANSWER QUESTIONS ABOUT A PARTICULAR STORY (WHO, WHAT, HOW, WHEN, AND WHERE).

ACTIVITY: THURSDAY, NOVEMBER 18 - SCIENCE THINKING

George makes pancakes

Cooking with your child is a great way to explore science and math. Try making pancakes together and let your child help count, measure and mix. Ask: "What happens to the dry ingredients when the milk or water is added?" As you cook the pancakes, ask your child to describe what's happening. What do they see, smell and hear? How does the batter change? What do they think is causing the batter to turn into a pancake? *Please supervise children around hot surfaces.*

PA STANDARD: 3.2.PK.A.1 – SORT AND DESCRIBE OBJECTS ACCORDING TO SIZE, SHAPE, COLOR, AND TEXTURE. 3.2.PK.A.3 – NOTICE CHANGE IN MATTER.
2.4.PK.A.1 – DESCRIBE AND COMPARE MEASURABLE ATTRIBUTES OF LENGTH AND WEIGHTS OF EVERYDAY OBJECTS.

ACTIVITY: FRIDAY, NOVEMBER 19 - THE ARTS

Monkey see, monkey do

Warm up with a fun game of "Monkey See, Monkey Do"—one partner does an action, movement or gesture and the other partner has to copy the action without talking. Try doing the actions slower then faster. Next, try a *Curious George* role-playing game—one partner is George and the other partner can be the Man with the Yellow Hat, Hundley or another friend. Pick a scene from a *Curious George* episode or book and act it out, or make up your own story or situation.

PA STANDARD: 9.1.D.PK.B – RECREATE A DRAMATIC PLAY EXPERIENCE FOR AN AUDIENCE. 9.1.D.PK.E – USE IMAGINATION AND CREATIVITY TO EXPRESS SELF THROUGH DRAMATIC PLAY.

**DANIEL
TIGER**
PBS KIDS
M-F 8am-
M-F 8:30am

WPSU TV
M-F 9:30am



Your child is learning how to interact with other children and adults every day and to manage their feelings. This social and emotional learning prepares them for success in school and life. *Daniel Tiger's Neighborhood* helps children understand and practice these skills. This Thanksgiving week, explore gratitude along with Daniel and his friends.

ACTIVITY: MONDAY, NOVEMBER 22 - SOCIAL and EMOTIONAL LEARNING



As a family, make it a ritual to share three good things that happened that day. This is a perfect way to connect at dinnertime or bedtime. Simply ask your child, "What made you happy today? What are you thankful for?" And don't forget to share your own reflections, modeling for your child a daily attitude of gratitude for the small things in life.

PA STANDARD: 16.1.PK.B – RECOGNIZE THAT EVERYONE HAS PERSONAL TRAITS WHICH GUIDE BEHAVIOR AND CHOICES. 16.2.PK.C – ENGAGE IN RECIPROCAL COMMUNICATION WITH ADULTS AND PEERS.

ACTIVITY: TUESDAY, NOVEMBER 23 - MATH THINKING



On 5 separate slips of paper, write: 1) Sing ONE of your favorite songs, 2) Read TWO of your favorite books together, 3) Name THREE things that make you happy, 4) Name FOUR people you are thankful for, 5) Name FIVE of your favorite foods. Fold each slip of paper and place in a jar or bowl. Take turns choosing one piece and sharing your favorite things that you are grateful for. Encourage your child to use their fingers to keep count of the items they list. Older children can dictate or write out phonetically.

PA STANDARD: 2.4.PK.A.4 – CLASSIFY OBJECTS AND COUNT THE NUMBER OF OBJECTS IN EACH CATEGORY. 1.5.PK.C - RESPOND TO WHAT A SPEAKER SAYS TO FOLLOW DIRECTIONS, SEEK HELP, OR GATHER INFORMATION.

ACTIVITY: WEDNESDAY, NOVEMBER 24 - EARLY LITERACY



Encourage your child to "write" thank you notes and cards for the people who do nice things for them. Make a homemade thank you note together and use a simple template so that your child can just fill in the blanks by dictating or writing out phonetically the words. For example, "Dear _____, Thank you for _____! Love, _____." Ask your child to draw a picture to go with their note. Now the fun part—giving/sending their thank you note!

PA STANDARD: 1.4.PK.F AND 1.4.PK.R – EMERGING TO... SPELL SIMPLE WORDS PHONETICALLY. 1.4.PK.B – WITH PROMPTING AND SUPPORT, DRAW/DICTATE ABOUT ONE SPECIFIC TOPIC.

ACTIVITY: THURSDAY, NOVEMBER 25 - SCIENCE THINKING



Make a check list of gratitude and favorite items for you and your child to find. You can collect items, draw and/or take pictures of the items and add to a scrapbook or science journal. Suggestions: Find something that you are grateful for in nature; Find something that you enjoy outside; Find something that you eat that tastes good; Find something that has an enjoyable smell; Find something that makes a beautiful sound; Find something that is soft/hard/bumpy; Find something that is your favorite color.

PA STANDARD: 3.2.PK.A.1 – SORT AND DESCRIBE OBJECTS ACCORDING TO SIZE, SHAPE, COLOR, AND TEXTURE. 1.4.PK.B – WITH PROMPTING AND SUPPORT, DRAW/DICTATE ABOUT ONE SPECIFIC TOPIC.

ACTIVITY: FRIDAY, NOVEMBER 26 - THE ARTS



On a paper plate, draw a spiral starting in the center to the outside of the plate. With your child, share what you are both grateful for and write these items inside the spiral lines. Once you have filled the spiral with words, flip it over and have your child color and decorate the back. Carefully cut along the spiral lines. Punch or make a small hole in the center of the spiral, and thread some yarn, ribbon, or string through. Tie a knot on the back. Then hang your wind spinner and watch your words of gratitude spin!

PA STANDARD: AL.3.PK.C - USE MATERIALS AND OBJECTS TO REPRESENT NEW CONCEPTS. 9.1.V.PK.E - USE IMAGINATION AND CREATIVITY TO EXPRESS SELF THROUGH VISUAL ARTS.