**SOCIAL IDENTITIES, PRIVILEGE, AND OPPRESSION**

**Social Identity/System Privilege Status Oppression Status**

**Of Oppression**

**Race White Person of Color**

**Disability/Ableism Able-bodied Physical, Cognitive, Mental Health**

**Gender/Sexism Men, Cisgender Women, Trans, Nonbinary, Genderqueer**

**Sexual Orientation Heterosexual LGBTQ+, Polyamorous, Asexual**

**Religion Christian Muslim, Jewish, Hindu, Buddhist**

**Social Class Middle Class, Upper Class Working Class, Poor**

**Age Young, Middle-aged Adults Children, Adolescents, Older Adults**

 \*from Singh (2019), *The Racial Healing Handbook*