

**DINOSAUR  
TRAIN**

**PBS KIDS**  
**M-F 10:30am**

**WPSU TV**  
**M-F 12pm**



*Dinosaur Train* will inspire your early learner to think like a scientist, learn about dinosaurs and explore the world around them.

**This week, explore the properties of light, darkness, and shadows with these *Dinosaur Train*-inspired activities!**

**ACTIVITY: MONDAY, JANUARY 3 - SOCIAL and EMOTIONAL LEARNING**



Many things can be scary for young children whether real or imaginary. Is your child afraid of the dark? Talk about how sometimes things look different when the lights are off, but things are the same in the light and in the dark. Turn on different lights—for example, an overhead light, a bedside lamp and a nightlight—one at a time. Talk about how the room looks when the different lights are on or off. Try playing games safely in the dark such as a scavenger hunt or pretend to be nocturnal animals or dinosaurs and explore the dark together.

PA STANDARD: 16.1.PK.A – DISTINGUISH BETWEEN EMOTIONS AND IDENTIFY SOCIALLY ACCEPTED WAYS TO EXPRESS THEM. 16.1.PK.B – RECOGNIZE THAT EVERYONE HAS PERSONAL TRAITS WHICH GUIDE BEHAVIOR AND CHOICES.

**ACTIVITY: TUESDAY, JANUARY 4 - MATH THINKING**



Try a simple measuring game with shadows. First, look for shadows or make shadows using a flashlight and placing objects (toys, plastic dinosaurs, etc.) in front of the light. You can show that shadows happen when something blocks light from going straight. Try comparing the size and length of two shadows. Which one is bigger? Longer? Which one is smaller? Shorter? You can use nonstandard measurement tools (i.e. pencil, book, or your child's foot) to measure and compare the shadows.

PA STANDARD: 2.4.PK.A.1 – DESCRIBE AND COMPARE MEASURABLE ATTRIBUTES OF LENGTH AND WEIGHTS OF EVERYDAY OBJECTS.  
3.3.PK.B.3 – PARTICIPATE IN SIMPLE INVESTIGATIONS OF THE OBJECTS FOUND IN THE DAY OR NIGHT SKY TO ANSWER A QUESTION OR TO TEST A PREDICTION.

**ACTIVITY: WEDNESDAY, JANUARY 5 - EARLY LITERACY**



Use alphabet letter cards or cut out 26 simple nocturnal animals (i.e. bats, cats, owls) or dinosaur shapes and print a letter of the alphabet on each. Hide the letters around the room. Shut off most of the lights or play using a flashlight. Encourage your child to pretend they are outside at night searching for the “animal” letters. Every time your child finds a letter, ask them to name the letter. Once all the letters are found, try putting them in order. Are any missing? Try to spell together names of nocturnal animals or even the word “dinosaur” using the letters.

PA STANDARD: 1.1.PK.B – IDENTIFY BASIC FEATURES OF PRINT. 1.1.PK.D – DEVELOP BEGINNING PHONICS AND WORD SKILLS. 1.1.PK.C – DEMONSTRATE UNDERSTANDING OF SPOKEN WORDS, SYLLABLES, AND SOUNDS (PHONEMES).

**ACTIVITY: THURSDAY, JANUARY 6 - SCIENCE THINKING**



Talk with your child about daytime and nighttime and how it is light during the day and dark at night. Why is it light during the day? Why is it dark at night? What happens to the sun during the day? Night? You can explain that the sun is a natural source of light. Can they think of other sources of light? How do lights help us? You can talk about how humans and other creatures are awake during the day and sleep at night while other creatures are awake at night and sleep during the day. They are called nocturnal animals. Can they think of any animals or dinosaurs that are awake at night?

PA STANDARD: 3.3.PK.B.1 – IDENTIFY OBJECTS THAT CAN BE FOUND IN THE DAY OR NIGHT SKY. 3.3.PK.B.3 – PARTICIPATE IN SIMPLE INVESTIGATIONS OF THE OBJECTS FOUND IN THE DAY OR NIGHT SKY TO ANSWER A QUESTION OR TO TEST A PREDICTION. 3.1.PK.A.1 – RECOGNIZE THE DIFFERENCE BETWEEN LIVING AND NON-LIVING THINGS. 3.1.PK.A.3 – RECOGNIZE THAT PLANTS AND ANIMALS GROW AND CHANGE.

**ACTIVITY: FRIDAY, JANUARY 7 - THE ARTS**



Try making simple shadow puppets with your hands and fingers or try making dinosaur hand shadows. You can also make simple shadow puppets with paper and craft sticks. Put your hands or craft puppets in front of a flashlight (in a dark room) and check out the shadows you create from the puppets. Try acting out a story or put on a shadow puppet play together.

PA STANDARD: AL.3.PK.C – USE MATERIALS AND OBJECTS TO REPRESENT NEW CONCEPTS. 9.1.D.PK.B – RECREATE A DRAMATIC PLAY EXPERIENCE FOR AN AUDIENCE.  
9.1.D.PK.E – USE IMAGINATION AND CREATIVITY TO EXPRESS SELF THROUGH DRAMATIC PLAY.

**LET'S GO  
LUNA**  
**PBS KIDS**  
**M-F 11am**



*Let's Go Luna* will inspire your early learner to explore culture and make connections between family, friends, and communities all over the world.  
**This week, explore your family stories and family heritage along with Luna and her friends.**

### ACTIVITY: MONDAY, JANUARY 10 - SOCIAL and EMOTIONAL LEARNING



Look for moments to share stories from your childhood with your child. Try sharing both the ups and downs, a time when you struggled or about a time when you experienced something similar at the same age of your child. Hearing family stories not only helps your child connect with you and your family, it also teaches a sense of self, boosts confidence and resilience, and inspires empathy as they develop and grow. Think about your favorite family tales, jot down a list and when you are together with family, encourage members to share their stories with your child.

PA STANDARD: 16.1.PK.A – DISTINGUISH BETWEEN EMOTIONS AND IDENTIFY SOCIALLY ACCEPTED WAYS TO EXPRESS THEM. 16.1.PK.C – RECOGNIZE EVERYONE MAKES MISTAKES AND THAT USING POSITIVE COPING SKILLS CAN RESULT IN LEARNING FROM THE EXPERIENCE. AL.2.PK.E – RETAIN AND RECALL INFORMATION PRESENTED OVER A SHORT PERIOD OF TIME.

### ACTIVITY: TUESDAY, JANUARY 11 - MATH THINKING



Do you have a favorite family recipe or a food that is a family tradition? Find a simple family recipe and encourage your child to help make it with you. If you don't have a family recipe handy, look up a recipe that reflects some of your family's culture. Encourage your child to help you gather and sort ingredients and measure using measuring cups and spoons.

PA STANDARD: 3.2.PK.A.1 – SORT AND DESCRIBE OBJECTS ACCORDING TO SIZE, SHAPE, COLOR, AND TEXTURE. 2.4.PK.A.1 – DESCRIBE AND COMPARE MEASURABLE ATTRIBUTES OF LENGTH AND WEIGHTS OF EVERYDAY OBJECTS.

### ACTIVITY: WEDNESDAY, JANUARY 12 - EARLY LITERACY



Think about a memorable day in your child's life and talk about some of the events that happened on that day. Then write a story book together starting with the first event that happened. For example, "First, we\_\_\_\_\_." Ask your child to draw a picture of it. On a second page, do the same thing with the next event and so on until you've written a whole story about the day. Use sentence starters such as "first", "second", "then", "next", and "finally". Create a cover for your story with a title and picture and your child's name. Attach the book together (by stapling or punching three holes and threading a piece of yarn or ribbon through each hole and tying into a bow) and ask your child to "read" the book to you using picture clues.

PA STANDARD: 1.4.PK.B – WITH PROMPTING AND SUPPORT, DRAW/DICTATE ABOUT ONE SPECIFIC TOPIC. 1.4.PK.M – DICTATE NARRATIVES TO DESCRIBE REAL OR IMAGINE EXPERIENCES OR EVENTS. 1.4.PK.P – RECOUNT A SINGLE EVENT AND TELL ABOUT THE EVENTS IN THE ORDER IN WHICH THEY OCCURRED.

### ACTIVITY: THURSDAY, JANUARY 13 - SCIENCE THINKING



Pull out old photos or family movies and explore them together. Your child will love seeing what you looked like when you were their age. Talk about things that are similar among family members when looking at photographs. What characteristics and features can your child identify that are alike and different among family members? Encourage your child to draw a self-portrait or a picture of the family and display it.

PA STANDARD: 3.1.PK.B.1 – RECOGNIZE AND COMPARE PHYSICAL CHARACTERISTICS OF LIVING THINGS FROM SAME SPECIES. 9.1.V.PK.E – USE IMAGINATION AND CREATIVITY TO EXPRESS SELF THROUGH VISUAL ARTS.

### ACTIVITY: FRIDAY, JANUARY 14 - THE ARTS



Talk about what kinds of music your family enjoys listening to together. Do you have any favorite songs you like to sing? Are there any songs or music traditions shared among family members over the generations? Does your family have ties to music from different cultures? Try creating a song together—a silly made-up song, a song to celebrate a family member or a song about your family and traditions. For more ideas, please visit <https://pennsylvaniapbs.org/learning-at-home/ready-set-music/music-matters/>

PA STANDARD: 9.1.M. PK. A – KNOW AND USE BASIC ELEMENTS AND PRINCIPLES OF MUSIC AND MOVEMENT. 9.1.M.PK.E – USE IMAGINATION AND CREATIVITY TO EXPRESS SELF THROUGH MUSIC AND DANCE. 9.2.PK.D – EXPLAIN THAT INSTRUMENTS OR ART FORMS REPRESENT CULTURAL PERSPECTIVES.

**CURIOUS  
GEORGE**

**PBS KIDS**

**M-F 11:30am**

**M-F 4:30pm**

**WPSU TV**

**M-F 9am**



*Curious George* inspires your young learner to be curious and explore science, technology, engineering, the arts and math (STEAM) in the world around them.

**This week, explore building things along with George and his friends!**

**ACTIVITY: MONDAY, JANUARY 17 - SOCIAL and EMOTIONAL LEARNING**



**Build  
teamwork**

When George has a hard problem to solve, he gets help from his friends and they work together for a solution. Explore some “teambuilding” activities with your child by building a tall tower together with blocks or pillows. Does it fall down? How can you build it so it doesn’t fall down? Try playing a “parachute” game using a towel or small bed sheet and place a small stuffed animal or a ball in the middle. As each partner holds up a side, work together to keep the item from falling out.

PA STANDARD: AL.1.PK.C – ENGAGE IN COMPLEX PLAY SEQUENCES WITH TWO OR MORE CHILDREN. AL.4.PK.C – ATTEMPT PROBLEM SOLVING ACTIVITIES TO ACHIEVE A POSITIVE OUTCOME.  
16.1.PK.C – RECOGNIZE THAT EVERYONE MAKES MISTAKES AND THAT USING POSITIVE COPING SKILLS CAN RESULT IN LEARNING FROM THE EXPERIENCE.

**ACTIVITY: TUESDAY, JANUARY 18 - MATH THINKING**



**Build  
shapes**

George likes to build shapes out of things he finds. With your child, try making some 3D shapes such as a cube, pyramid or sphere using blocks, cubes, marshmallows, and/or other household items. For example, to make a pyramid, place 5 blocks in a row, then add 4 blocks on top (centering so a little edge is showing on each end of the bottom row). Continue adding another layer of 3, then 2, then 1. Encourage your child to count the blocks or items as they build shapes.

PA STANDARD: AL.3.PK.C – USE MATERIALS AND OBJECTS TO REPRESENT NEW CONCEPTS. 2.3.PK.A.1 – IDENTIFY AND DESCRIBE SHAPES. 2.1.PK.A.2 – COUNT TO TELL THE NUMBER OF OBJECTS.  
3.2.PK.A.1 – SORT AND DESCRIBE OBJECTS ACCORDING TO SIZE, SHAPE, COLOR, AND TEXTURE.

**ACTIVITY: WEDNESDAY, JANUARY 19 - EARLY LITERACY**



**Build  
letters**

George likes to build letters. Try building letters using blocks, yarn, spoons or sticks. You can make it into a game by taking turns being the builder and the guesser. The guesser turns away or closes their eyes and when the builder is done, the guesser asks the builder questions like “Is it the letter \_\_\_?” When the guesser guesses correctly, it’s their turn to build a letter.

PA STANDARD: AL.3.PK.C – USE MATERIALS AND OBJECTS TO REPRESENT NEW CONCEPTS. 1.1.PK.B – IDENTIFY BASIC FEATURES OF PRINT.  
1.1.PK.C – DEMONSTRATE UNDERSTANDING OF SPOKEN WORDS, SYLLABLES, AND SOUNDS (PHONEMES).

**ACTIVITY: THURSDAY, JANUARY 20 - SCIENCE THINKING**



**Build  
boats**

George likes to build boats and watch them float. Help your child build a toy boat out of recycled materials. Use a large container as the body of the boat. For a sailboat, have your child help tape a craft stick or coffee stirrer pointing up, as the mast. Cut big shapes from magazines for sails and help your child tape them to the mast. Talk about whether you think the boat will sink or float and try it out. If it floats, how can you make the boat move? *Please supervise small children around water.*

PA STANDARD: AL.3.PK.C – USE MATERIALS AND OBJECTS TO REPRESENT NEW CONCEPTS. 3.2.PK.B.1 – EXPLORE AND DESCRIBE THE MOTION OF TOYS AND OBJECTS. 3.3.PK.A.4 – IDENTIFY A VARIETY OF USES FOR WATER.

**ACTIVITY: FRIDAY, JANUARY 21 - THE ARTS**



**Build  
music**

George likes to build his own music instruments. Make handmade instruments using simple materials. Stretch rubber bands across a tissue box to make a guitar (you can add a paper towel tube for the neck). Fill small plastic containers with pebbles, twigs, rice or beans to make shakers (just make sure the lid is on tight or you can tape together for added security). Now play along with your favorite music or make up your own! *Make sure you supervise children with small objects that could be a choking hazard.*

PA STANDARD: AL.3.PK.C – USE MATERIALS AND OBJECTS TO REPRESENT NEW CONCEPTS. 9.1.M.PK.A – KNOW AND USE BASIC ELEMENTS AND PRINCIPLES OF MUSIC AND MOVEMENT.  
9.1.M.PK.E – USE IMAGINATION AND CREATIVITY TO EXPRESS SELF THROUGH MUSIC AND DANCE.

**DANIEL TIGER'S  
NEIGHBORHOOD**

**PBS KIDS**  
**M-F 8am**  
**M-F 8:30am**

**WPSU TV**  
**M-F 9:30am**



Daniel Tiger's simple songs can help your child and your family through the ups and downs of everyday life. When you play and sing together, you can help your child manage all kinds of feelings and situations.

**Try out these Daniel Tiger strategy songs and related activities this week!**

**ACTIVITY: MONDAY, JANUARY 24 - SOCIAL and EMOTIONAL LEARNING**



*"Saying I'm sorry is the first step, then 'How can I help?'"* Sing this song together or watch a video of the song. Share with your child about a time when you told someone you were sorry and ask your child if they can remember a time when they said they were sorry. Ask: "What does it feel like to feel sorry? What can you do to help the other person feel better?" Role play with toys or stuffed animals, sing the strategy song and then brainstorm together how to make the situation better and act it out. <https://wtf.pbslearningmedia.org/resource/b18a5239-515b-428f-911b-b219a571b8cb/saying-im-sorry-is-the-first-step-strategy-song-daniel-tigers-neighborhood/>

PA STANDARD: 16.1.PK.A – DISTINGUISH BETWEEN EMOTIONS AND IDENTIFY SOCIALLY ACCEPTED WAYS TO EXPRESS THEM. 16.1. PK.C – RECOGNIZE THAT EVERYONE MAKES MISTAKES AND THAT USING POSITIVE COPING SKILLS CAN RESULT IN LEARNING FROM THE EXPERIENCE. 16.2.PK.D – RECOGNIZE THAT CONFLICT OCCURS AND DISTINGUISH BETWEEN APPROPRIATE AND INAPPROPRIATE WAYS TO RESOLVE CONFLICT.

**ACTIVITY: TUESDAY, JANUARY 25 - MATH THINKING**



*"Try a new food, it might taste good!"* Sing this song together or watch a video of the song. Is there a new food or recipe you and your child can make together? Perhaps you would like to try one Daniel Tiger has tried such as banana swirl, mini pizzas, or veggie soup. Think about ways your child can help you, and you can help them practice following recipe directions, counting, and measuring. <https://wtf.pbslearningmedia.org/resource/58ee23c0-af1b-4a54-8c23-ec00f2e7edbb/making-banana-swirl/>

PA STANDARD: 2.4.PK.A.1 – DESCRIBE AND COMPARE MEASURABLE ATTRIBUTES OF LENGTH AND WEIGHTS OF EVERYDAY OBJECTS. 2.4.PK.A.4 – CLASSIFY OBJECTS AND COUNT THE NUMBER OF OBJECTS IN EACH CATEGORY. AL.2.PK.B – INDEPENDENTLY BREAK SIMPLE TASKS INTO STEPS AND COMPLETE THEM ONE AT A TIME. 3.2.PK.A.3 – NOTICE CHANGE IN MATTER.

**ACTIVITY: WEDNESDAY, JANUARY 26 - EARLY LITERACY**



*"When something seems bad, turn it around and find something good."* Sing this song together or watch a video of the song. Share with each other a time when something started out bad but turned into something good. After sharing, encourage your child to pick one experience and then write (or draw) about it. <https://wtf.pbslearningmedia.org/resource/ab18ca92-35da-40ad-9f17-ec08488404f7/ab18ca92-35da-40ad-9f17-ec08488404f7/>

PA STANDARD: 1.4.PK.B – WITH PROMPTING AND SUPPORT, DRAW/DICTATE ABOUT ONE SPECIFIC TOPIC. 16.1.PK.A – DISTINGUISH BETWEEN EMOTIONS AND IDENTIFY SOCIALLY ACCEPTED WAYS TO EXPRESS THEM. 16.1.PK.C – RECOGNIZE THAT EVERYONE MAKES MISTAKES AND THAT USING POSITIVE COPING SKILLS CAN RESULT IN LEARNING FROM THE EXPERIENCE.

**ACTIVITY: THURSDAY, JANUARY 27 - SCIENCE THINKING**



*"There's so much to explore when you are outside."* Sing this song together or watch a video of the song. Dress for the weather and go outside on a "nature walk". On your walk, observe how many trees, bushes and plants you see. Do you see or hear any birds? Do you see any other animals, small critters or insects? Play "I spy with my little eye, something that is \_\_\_\_\_" on the nature walk. <https://wtf.pbslearningmedia.org/resource/bd29eefd-c73a-4961-89b2-b98bb59b469e/theres-so-much-to-explore-song-daniel-tigers-neighborhood/>

PA STANDARD: 3.1.PK.A.3 – RECOGNIZE THAT PLANTS AND ANIMALS GROW AND CHANGE. 4.1.PK.A – IDENTIFY LIVING AND NON-LIVING THINGS IN THE IMMEDIATE AND SURROUNDING ENVIRONMENT. 3.1.PK.A.9 – PARTICIPATE IN SIMPLE INVESTIGATIONS ABOUT LIVING AND/OR NON-LIVING THINGS TO ANSWER A QUESTION OR TO TEST A PREDICTION.

**ACTIVITY: FRIDAY, JANUARY 28 - THE ARTS**



*"When you pretend, you can be anything."* Sing this song together or watch a video of the song. Encourage your child to use their imagination when playing. To get them started, try using a recycled cardboard box (ideas for pretend: rocket, train, race car) or some pillows (ideas for pretend: tower, house, spaceship). See where their imagination takes them! <https://wtf.pbslearningmedia.org/resource/b2a88669-b686-4867-9d9a-0bb1620d8f39/when-you-pretend-you-can-be-anything-song-daniel-tigers-neighborhood/>

PA STANDARD: AL.1. PK.C – ENGAGE IN COMPLEX PLAY SEQUENCES WITH TWO OR MORE CHILDREN. AL.3.PK.C – USE MATERIALS AND OBJECTS TO REPRESENT NEW CONCEPTS. 9.1.D.PK.E – USE IMAGINATION AND CREATIVITY TO EXPRESS SELF THROUGH DRAMATIC PLAY.