Highlighted Activities
August 24 - August 28

Weekly Theme: Parents - You can do this!

The new school year is starting, and it looks very different from any year we have experienced in the past. But don't worry! WPSU and PBS have your back! This week's activities are designed to help you realize that what you're doing is already enough. You are a rockstar even when you don't feel like it. And your kids love you for all that you do for them!

Grades PreK - 2

<table>
<thead>
<tr>
<th>Weekly Activity</th>
<th>Title: Back to School Checklists</th>
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<tbody>
<tr>
<td></td>
<td>Help students prepare for the year ahead with these checklists for back to school and learning at home.</td>
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<td><a href="https://wpsu.pbslearningmedia.org/resource/back-to-school-worksheets/back-to-school-worksheets/?elqTrackId=F2AECC0A4FED759418E2104EA774AA32&amp;elq=fbaf6822bb945f6bcbf200d75351a4f&amp;elqaid=4295&amp;elqat=1&amp;elqCampaignid=2423">https://wpsu.pbslearningmedia.org/resource/back-to-school-worksheets/back-to-school-worksheets/?elqTrackId=F2AECC0A4FED759418E2104EA774AA32&amp;elq=fbaf6822bb945f6bcbf200d75351a4f&amp;elqaid=4295&amp;elqat=1&amp;elqCampaignid=2423</a></td>
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| Science-U@Home | Title: STEM Teaching Tips for Parents  
You can do this! Inspire kids to learn about science with these tips and tricks.  
https://science-u.org/tips/index.html |
|----------------|----------------------------------------------------------------------------------|
| Grades 3-5     | Weekly Activity  
Title: Helping Kids Cope with Back to School Anxiety  
“STOP” is a 4-step plan you can use to gain more control over anxiety-causing situations like back-to-school.  
| Science-U@Home | Title: Pancake Science  
Breakfast can be a learning experience! Work on some serious math and science lessons while making pancakes.  
https://science-u.org/experiments/pancake-science.html |
### Weekly Activity

**Title:** How to Support Your Child for a Very Different School Year  
There’s a lot we can do to bolster our children’s feelings of confidence and security as they head into a new year. This article has some practical ideas.

[https://www.pbs.org/parents/thrive/how-to-support-your-child-this-back-to-school-time](https://www.pbs.org/parents/thrive/how-to-support-your-child-this-back-to-school-time)

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### Science-U@Home

**Title:** Marvelous Meringues  
Your kitchen is a great place for family time and learning math and science! In this experiment, change slimy egg whites to a fluffy foam to a crunchy solid!
Title: PBS Live Virtual Event: Prepping for a Very Different School Year - Strategies for Parents

With the help of Daniel Tiger, Wild Kratts and other PBS KIDS friends, we will answer questions and talk about the "little things" that will make a big difference whatever school looks like for your family — from routines that support social and emotional growth and academic learning to mindfulness habits for the whole family.

Tuesday, August 18, 2020 @ 3:30 PM ET

REGISTER HERE: https://www.pbs.org/parents/back-to-school-event